

Inova TobaccoNET

The Big Rewards

- Increased confidence and well-being.
- Feeling of independence.
- Improved breathing and blood circulation.
- More restful sleep.
- More energy.
- A great role model for your loved ones.
- Improved sense of smell and taste.
- More free time.
- Increased ease walking up a flight of stairs and other physical activities.
- Free of the stench and stains of tobacco.
- Sinuses clearer.
- No apologies for smoking.
- Free from the hassles and health risks of continuing your nicotine addiction.



List below any other benefits you are enjoying:
